

Bread and baked goods, non-rice,: HMTc Standard

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heavy metals, food safety, dietary exposure

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CORRESPONDENCE

Corrections are logged publicly on the article page, each with its date, the affected value, and the source that resolved it.

Abstract

The Heavy Metal Tested & Certified standard for non-rice bread and baked goods, stated as sold. Arsenic is controlled as total arsenic against the government cereal-products ceiling, with inorganic arsenic on reflex screen; every limit is the strictest maximum level any credible government sets for the product.

1 | How every number on this standard is set

HMTc Method v2.0 (government-limit default, 8:1 basis, read-across)

2 | Master limit table

All values in ppb (µg/kg), as sold basis. A brand meeting every value qualifies for the mark.

ANALYTE	TIER	HMTc LIMIT	BASIS
Lead (Pb)	Tier 1	100	government maximum level
Cadmium (Cd)	Tier 1	100	government maximum level
Total arsenic (tAs)	Tier 2	300	government maximum level
Inorganic arsenic (iAs)	Tier 1	≤ tAs	bounded by tAs (reflex speciation)

Mercury, total (tHg)	Tier 1	20	government maximum level
Methylmercury (MeHg)	Tier 1	≤ tHg	bounded by tHg (reflex speciation)
Nickel (Ni)	Tier 2	800	government maximum level
Tin (Sn)	Tier 2	250,000	human-grade read-across (Singapore)
Aluminium (Al)	Tier 2	100,000	human-grade read-across (China)
Total chromium (Cr)	Tier 2	1,000	government maximum level
Hexavalent chromium (Cr-VI)	Tier 2	≤ Cr	bounded by Cr (reflex speciation)

3 | Derivation — where each number comes from

Every cell traces to one named sovereign maximum level (the strictest for the nearest analog), or to an explicit control, not-material, or species-bounded determination. No occurrence statistic selects a certification value.

ANALYTE	HMTC	SOVEREIGN ANALOG / DETERMINATION
Lead (Pb)	100	government maximum level
Cadmium (Cd)	100	government maximum level
Total arsenic (tAs)	300	government maximum level
Inorganic arsenic (iAs)	≤ tAs	iAs carries no product-specific sovereign cell; it is a component of and bounded by its parent total tAs (iAs ≤ tAs), an enforceable ceiling via reflex speciation rather than an empty cell.
Mercury, total (tHg)	20	government maximum level
Methylmercury (MeHg)	≤ tHg	MeHg carries no product-specific sovereign cell; it is a component of and bounded by its parent total tHg (MeHg ≤ tHg), an enforceable ceiling via reflex speciation rather than an empty cell.
Nickel (Ni)	800	government maximum level
Tin (Sn)	250,000	Singapore — human-food analog
Aluminium (Al)	100,000	China — human-food analog

Total chromium (Cr)	1,000	government maximum level
Hexavalent chromium (Cr-VI)	≤ Cr	Cr-VI carries no product-specific sovereign cell; it is a component of and bounded by its parent total Cr (Cr-VI ≤ Cr), an enforceable ceiling via reflex speciation rather than an empty cell.

4 | Cite this standard

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References

- [1] China — human-food maximum levels
 Binds Al. Strictest applicable human-food sovereign maximum for the nearest analog.
 MAXIMUM LEVEL
- [2] Singapore — human-food maximum levels
 Binds Sn. Strictest applicable human-food sovereign maximum for the nearest analog.
 MAXIMUM LEVEL

STATUS AND LICENCE

A normative certification standard, editorially reviewed and version-controlled in-house; every value traces to a named sovereign maximum level, disclosed in the derivation. © 2026 Institute of Contaminant Standards / Heavy Metal Certified. All rights reserved.

COMPETING INTERESTS

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DATA AVAILABILITY

The works this reference draws on are listed in full in the references above and on the briefing page at <https://heavymetalcertified.com/standards/bread-and-baked-goods>. Primary legal instruments and expert-body assessments are named with their public identifiers; the underlying occurrence and toxicology corpus is maintained on the Heavy Metal Index.

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